

1. The Psychotherapy Core Program

A Three-Year Certificate Program

The Psychotherapy core program, the first and most comprehensive of its kind in Israel, aims to introduce students to the depth and complexity of psychoanalytic thinking, with its myriad of different voices. The program places a considerable emphasis on the manner in which the various theories influence our clinical work, and the way in which theory is enriched by clinical practice. The program combines **mandatory classes**, covering key psychoanalytic approaches; electives, offering students an opportunity to delve deeper in smaller groups, into the subjects they deem important and significant; **clinical seminars** and **individual supervision**. Combined these various modes of learning are designed to create a fascinating, growth-promoting and enriching experience.

Classes are held on Mondays, between 15:00 and 20:30.

Target Audience

Medical doctors, who are either specialists in psychiatry or psychiatrists in internship who have completed at least two years of residency and two years in a psychotherapy course as part of their continuing medical education. One year of practical experience in psychodynamic psychotherapy with at least two patients is required.

Clinical Psychologists or Psychologists with a Master's Degree in Clinical Psychology, who at the time of enrollment have completed at least two years of their clinical-psychology residency in an institution authorized by the ministry of health.

Social Workers with a Master's Degree in Social Work, with three years of experience, after graduation. in practicing psychotherapy, at least half-time, , in an institution recognized for internship in psychiatry or clinical psychology, authorized by the ministry of health .

Rehabilitation, Educational, Medical and Developmental Psychologists, who have completed their residency and have conducted at least three long-term (over one year) psycho-analytically oriented therapies, two of which have been supervised by a training clinical psychologist who practices psychodynamic psychotherapy.

*Candidates are required to have spent at least one year in a psycho-dynamically oriented psychotherapy.

The Program's Outline

The psychotherapy core program is a three years course, during which students are required to complete:

1. 24 Semestrial study units, including: 10 mandatory courses, 8 electives (including both Semestrial courses and workshops) and 6 clinical seminars.
2. Two psychotherapies (at least) conducted in each year of study.
3. Individual supervision during each year of study (the cost is included in the tuition).
4. At the end of the first and second year, students are required to submit a written case presentation.
5. Taking part in cohort sessions with tutors in the middle and at the end of each year, as an opportunity to share reflective insights regarding the students' processes and development in the course of their studies, both as individuals and as a group.
6. Submitting a final paper, followed by a feedback session with the readers.

*After the completion of all the above requirements students will be eligible for a certificate issued by the ministry of health, of graduation from the Psychotherapy core program in Tel Aviv University.

Academic Structure

The program entails 14 study units to be taken as mandatory theoretical and clinical courses. These courses include Semestrial courses as well as a concluding workshop in each of the first and second year and a "conclusion and graduation" workshop for third-year students.

In addition, the program includes 10 study units to be taken as electives, including workshops, held during semester breaks and/or at the end of each academic year. The electives also offer a variety of subjects that are relevant to therapists working with children and adolescents.

The list of courses and workshops is available on the program's Hebrew website.

2. Advanced Studies

Relational Psychoanalytic Psychotherapy (Three-year certificate program).

- Primitive Mental States (Three-year certificate program).
- Self-Psychology and the therapeutic action (Three-year certificate program).
- Psychoanalytic Group Psychotherapy (Two-year program).
- Kleinian Psychoanalytic Psychotherapy: Theory and Practice (Three-year certificate program).
- Independent Psychoanalysis – Radical Breakthroughs (A three and a half year certificate program).

Admission Requirements for Advanced studies

- i. Advanced studies may be undertaken by (a) psychiatrists, clinical psychologists and social workers in the mental health fields, who have graduated from a psychoanalytically-oriented psychotherapy program, with comparable scope and contents to those of the core psychotherapy program at Sackler school of Medicine in Tel Aviv University, or (b) who have achieved seniority in their fields, having at least ten years of experience after completing their internship (psychologists are allowed to apply 10 years after completing two years in internship).
 - ii. Advanced studies may also be undertaken by therapists (MA) from other therapeutic fields, who have graduated from a psychoanalytically-oriented psychotherapy program, with comparable scope and contents to those of the core program at Sackler school of Medicine in Tel Aviv University, and who engage in clinical practice.
- For the group-psychotherapy specialization – see updated admission requirements in this specialization's sub-section.

Certificate Requirements for Advanced studies

Throughout the duration of the Advanced studies, in addition to courses and seminars, students are required to:

1. Maintain at least three therapies throughout the entire duration of their studies.
2. Present clinical cases (at least three throughout the three years of study) in their clinical seminars.
 - Submit a final paper comprising of a case presentation described and analyzed both from a theoretical and a clinical perspective and relevant to the track's specialization field.
 - Study points in each semester will only be recognized if the student has taken part in at least 75% of the classes and has paid their tuition.

Advanced Studies of Relational Psychoanalytic Psychotherapy

A three-year certificate track under the advanced studies in psychotherapy program.

Chair: Dr. Roni Baht

This specialization entails a unique and comprehensive three-year study program designed to facilitate a profound understanding of the theory and practice of relational psychoanalytic psychotherapy. Founded eleven years ago, the program is one of the prominent training programs in the field today. Faculty members include the best lecturers and practitioners in the field in Israel, as well as lecturers and practitioners from the Relational Psychoanalysis program at New York University. Graduating students will receive a relational psychoanalytic psychotherapy certificate.

The relational approach acknowledges the inevitable mutual influence of both parties of the therapeutic encounter. It studies the fabric created between intra-psychic and inter-subjective experience within the therapeutic process, enabling the shared construction of meanings which are revealed through transference and counter-transference processes. This perspective facilitates a new outlook on enactments and traumatic experiences in the patient's life and their impact on the patient's psychic development. In recent years, the relational movement has contributed concepts which have expanded and altered our psychoanalytic and clinical understanding of the connection between the conscious and the unconscious through the emerging meaning of the therapeutic relationship.

The aim of this track is to facilitate the profound learning of relational theory and clinical practice and of the dialogue between the relational approach and other approaches. Throughout their studies, students will be exposed to multiple perspectives which posit the explicit and implicit interpersonal relationship at the heart of the therapeutic work.

The Study Program

Studies are comprised of theoretical courses and clinical seminars.

Classes are held on Thursdays, between 15:00 and 20:30.

Concentrated workshops given by relational theoreticians and clinicians from Israel and abroad will be held on semester breaks and during the summer break.

Faculty

Teachers and Supervisors:

Dr. Chana Ullman, Talia Applebaum Peled, Dr. Roni Baht, Dr. Shlomo Beinart, Prof. Emanuel Berman, Tamar Barnea, Ahuva Barkan, Tammy Dror-Shiber, Sandra Halevy, Dr. Effi Ziv, Dr Sharon Ziv Beiman ,Dr Ilan Treves , ,Dr Ilana Laor, Dr Daniel Levy, Dr. Rina Lazar, Dr. Ofer Maurer, Dr. Avi Nutkevitch, Adit Nir, Dafna Eran, Dr. Amit Pachler , Dr. Boaz Shalgi.

Guest Lecturers

Dr. Galit Atlas, Dr. Orna Guralnik, Dr. Jill Salberg, Dr. Jonathan Slavin, Dr. Mal Slavin, Miki Rachmani.

Advanced Studies of Primitive Mental States

A three-year certificate track.

Chair: Alina Schellekes

The primitive mental states track (PMS) was established in 2007 by a steering committee that included Naama Keinan, Moshe Landau and Alina Schellekes. Since its

establishment, the track has been serving as a space for learning, thinking and professional development for both faculty and students. So far, six cohorts have taken the program.

Track's Outline:

This unique and comprehensive three-year study program provides in-depth knowledge of the theory and clinical practice related to primary mental states, which are characteristic of early life and primitive mental states characteristic of severe psychopathology. Studies include theoretical courses, clinical seminars and workshops. Classes are held on Thursdays, between 15:00 and 20:15.

Teachers and Supervisors:

Dr. Dana Amir, Dr. Ilan Amir, Naomi Bar, Ahuva Barkan, Dr. Isabelle Bennhamo, Aya Birger, Prof. Rachel Blass, Sigalit Boudouk-Rish, Yael Khenin, Idit Dori, Joshua Durban, Ofra Eshel, Nechama Faber Ben Pazi, Elena Goldschmidt-Heyman, Hayuta Gurevitch, Irit Hameiri Valdarsky, Orly Hason-Katz, Naama Keinan, Dr. Gila Landoy, Moshe Landau, Irit Lublinsky, Dr. Rivka Matzner, Joel Miller, Dr. Tami Pollak, Hamutal Raz-Shiloach, Alina Schellekes, Ruth Segel, Dr. Sharon Shitrit, Anat Shuman, Anat Telerant, Alona Timor, Judith Triest, Yedida Turkenich, Hana Wakstein, Orna Wassermann, Ruth Weinberg, Ehud Wolpe, Tessa Zadok.

Advanced Studies of Self-Psychology and the Therapeutic Action

A three-year certificate track under the advanced studies in psychotherapy program.

Chair: Dr. Gabi Mann

This unique advanced studies program is a three-year specialization, now admitting its eight cohort. The track aims to enable students to acquire a methodic and in-depth knowledge of Heinz Kohut's self-psychology and its contemporary derivations in psychoanalysis. The program will aid students in forming a therapeutic stance grounded in the tenets of the psychoanalytic theory of the self, while engaging in dialogue with other psychoanalytic approaches. The offered program is an extensive exploration of psychoanalytic self-psychology.

The track's steering team views engagement in the theoretical thinking of self-psychology as an opportunity to practice a human presence which has significant

impact, both on the therapeutic action and the everyday craft of living, on developing the therapist's empathic ability, learning to assume personal responsibility and on human ethics. The program's theoretical courses, small-group supervisions, clinical seminars and even the final paper all serve as a platform for growth and an opportunity for mindfully putting together the entire experience.

The track is designed for experienced therapists who feel drawn to self-psychology and challenged by its theoretical, clinical and practical aspects and who see joining this approach as an opportunity to transform both themselves and the human setting we inhabit.

The Study Program:

Studies are comprised of theoretical courses, small-group supervisions and clinical seminars.

Classes are held on Thursdays, between 14:15 and 19:45.

The monthly clinical seminar will be held on Thursdays as well, between 20:00 and 22:00.

The "Becoming a Therapist" seminar will be held once a month throughout the first year.

A full-day workshop will be held on semester breaks and at the end of the schoolyear.

Lecturers and Supervisors:

Dalit Even, Eldad Iddan, Hayli Alon, Dr. Asher Epshtein, Galia Arieli, Edna Bor, Dr. Erez Banai, Hava Baruch, Orna Glass, Orna Gafni, Arie Green, Esti Dinur, Shlomit Haber Mosheiov, Dafna Houminer, Tamar Zeidman, Michal Hazan, Amina Tiber, Dr. Ofra Cohen-Fried, Dr. Gabi Mann, Orit Naveh, Dr. Yoram Sella, Ilana Peer Goldin, Miki Fatran, Anath Perry, Claudia Kogan, Raanan Kulka, Rachel Kela, Dr. Eli Kritschmann, Rinat Rav-Hon, Iris Gavrieli Rahabi, Ruth Shwadron, Miri Sholl Bacon, Orly Shoshani, Tali Tamir Oron.

Advanced Studies of Psychoanalytic Group Psychotherapy

A two-year program under the advanced studies in psychotherapy program.

Chair: Dr. Avi Berman

This two-year program in psychoanalytic group psychotherapy offers participants a first-hand experience of group therapy. The program, which is informed by both

psychoanalytic theory and the concepts of group analysis, includes applied and theoretical study of group therapy and develops the student's personal-professional capacity to engage therein.

Classes are held on Thursdays, between 17:15 and 20:30.

The track is suitable for –

- i. Psychiatrists, clinical psychologists and social workers in the mental health fields, who have graduated from a psychoanalytically-oriented psychotherapy training program, with comparable scope and contents to those of the basic three-year program at Tel Aviv University.
- ii. Experienced therapists, with at least five years of experience after completing their residency.
- iii. Therapists (MA) from other therapeutic fields (with a preference for those who have graduated from a psychoanalytically-oriented psychotherapy training program, with comparable scope and contents to those of the basic three-year program at Tel Aviv University, and who engage in clinical practice).
- iv. Therapists from various fields who have graduated from group-facilitation programs.

Faculty:

Smadar Ashuach, Dr. Avi Berman, Anka Detroi, Dr. Gila Ofer, Ami Farago Goffer.

Advanced Studies of Kleinian Psychoanalytic Psychotherapy: Theory and Practice

A three-year certificate program under the advanced studies in psychotherapy program.

Chair: Yael Khenin

This specialization entails a three-year program that will enable students to acquire the knowledge and clinical skills provided by the Kleinian approach. Melanie Klein devised her clinical insights directly from her therapeutic sessions with young children. Through her exceptional clinical intuition, she had created a rich and complex model of the human psyche, from which she derived powerful tools for working through and

psychic growth in the therapeutic process with both children and adults. The program offers a comprehensive, methodic and in-depth review of the areas and concepts explored by Klein and her predecessors and the therapeutic technique that has emerged therefrom. The program interlaces Klein's conceptualizations with those of her followers, throughout the years and to the present day.

Training in this track involves a powerful experience for three reasons: first, because the Kleinian method seeks to touch upon all psychic phenomena with a clear and direct gaze - the life and death instincts, love and hatred, desire and envy, containment, compassion and ethical development, all require intense engagement; second, because studying a single psychoanalytic field creates a critical mass that keeps accumulating and significantly permeates one's life and clinical practice; finally, because Klein can only be learned experientially, seeing as her theory emerged from experience, formulates experience and treats through experience.

A fruitful collaboration is expected with Kleinian analysts from the British Psychoanalytic Society, who will come every year to give workshops for students.

The Study Program:

Studies are comprised of theoretical courses, clinical seminars and concentrated workshops.

Classes are held on Thursdays, between 15:00 and 20:30.

Lecturers and Supervisors:

Dr. Dana Amir, Noga Badanes, Prof. Rachel Blass, Avi Becker, Dr. Moshe Bergstein, Hugo Golduk, Michal Gurion, Hagar Gilboa, Galit Gampel, Prof. Yolanda Gampel, Joshua Durban, Orna Hadary, Gideon Hadary, Malka Hirsch-Napchan, Ruth Weinberg, Nitza Hazan, Yael Khenin, Anat Telerant, Judith Triest, Yaakova Tarif, Dr. Gila Landoy, Nomi Anner, Anat Palgi- Hecker, Dr. Eliahu Feldman, Dora Feldfogel, Dr. Merav Roth, Dr. Eran Rolnik, Naomi Shavit, Robby Schonberger.

Advanced Studies of Independent Psychoanalysis – Radical Breakthroughs

A Three and a half years (and optional, additional semester in fourth year) certificate program under the advanced studies in psychotherapy program.

Chair: Ofra Eshel

This specialization offers a unique, comprehensive and innovative three and a half year study program (and optional, additional semester in fourth year), which establishes a broad, central, developing and wide-ranging body of knowledge concerning the radical theoretical and clinical developments made by the independents in psychoanalysis.

It offers an in-depth knowledge of these theoretical developments, their clinical significance and the ways in which they broke new ground in psychoanalytic psychotherapy and psychoanalysis. This theoretical and clinical 'Independent' thinking in psychoanalysis began with the tragic struggle between Ferenczi and Freud over the meaning of childhood trauma. It was first known as "the middle group", neither Freudian nor Kleinian, during the controversial discussions of the 1940s between Anna Freud and Melanie Klein in London. Later it came to be referred to as 'Independent'. From the middle of the 20th century onwards it has been advancing, developing its pathway, particularly with the important contributions of Winnicott and of Bion. These were mostly the contributions of 'late' Bion, independently spirited, who, from 1967 onwards, profoundly transformed his psychoanalytic theory and technique. He accompanied this change by moving from the Kleinian center in London to Los Angeles, for the last twelve years of his life.

In recent decades, Independent psychoanalysis has developed in Britain (Balint, Paula Heimann, Marion Milner, Masud Khan, Margaret Little, Clare Winnicott, Fairbairn, Guntrip, Nina Coltart, Bollas, Symington), the USA (Ogden, Eigen), France (Laplanche, Andre Green, Botella and Botella) and Italy (Ferro and Civitaresse).

The track covers a detailed and methodical study of the theoretical and clinical developments made over the years, with emphasis on the difficult areas of trauma, therapeutic regression (Ferenczi--Balint--Winnicott and his followers); patient and analyst relationship viewed from an intersubjective approach (Ogden) and Bionian field theory (Ferro and Civitaresse); and moving on to patient-analyst deep-level forms of connectedness and being in oneness (Searles, Winnicott, the later Bion); emphasizing the ontological (being) quality of the analytic experience rather than the epistemological and interpretive qualities. The panorama created by these innovations and their far-reaching significance will be explored in both the theoretical and clinical/technical dimensions of the therapeutic work.

All this engenders new possibilities for extending the reach of psychoanalytic treatment, particularly with more disturbed patients.

The Study Program:

Studies consist of theoretical courses, clinical seminars (in supervision groups) and intensive workshops during semester breaks and in the last, optional semester.

Classes are held on Thursdays, between 15:00 and 20:15.

The Advisory Board:

Prof. Zeljko Loparic (Sao Paolo, Brazil; President of the International Winnicott Association – IWA)

Dr. Michael Eigen (New York)

Dr. Rina Lazar (Tel Aviv)

Dr. Annie Reiner (Los Angeles, California)

Dr. Joseph Aguayo (Los Angeles, California; co-editor of Bion's books Bion in Los Angeles, 2013/2017, Bion in Buenos Aires, 2018.

The track is affiliated with the IWA - International Winnicott Association.

Lecturers and Supervisors:

Dr. Ilan Amir, Dr. Dana Amir, Ofra Eshel, Hanni Biran, Moshe Bergstein, Dr. Hilit Erel Brodesky, Dr. Kareen Ben-Ari Samira, Dr. Ilan Bernat, Idit Barak-Melamed, Ahuva Barkan, Orly Hochwald-Khen, Noam Haas, Irit Hameiri Valdarsky, Nili Zeidman, Dr. Ruth Hashmonay, Yossef Tamir, Dr. Gidon Lev, Dr. Daniel Levy, Eti Landau-Frechter, Yael Meir Teperberg, Mir Maman, Miki Fatran, Ravit Frenkel Nutkevitch, Dr. Amit Fachler, Hila Porat Peleg, Meir Peres, Naama Keinan, Dr. Lea Klein, Jeremy Rose, Rachel Reubinoff Shokel, Hamutal Raz Shiloach, Anat Shuman, Nilly Szor, Meir Chelouche, Dr. Viviane Chetrit-Vatine, Sharon Strasburg.

Ph.D. Studies in Psychoanalysis and its interfaces: The Psychotherapy Program and the School of Graduate Studies, Sackler Faculty of Medicine

Coordinated by: Dr. Boaz Shalgi

The joint doctoral unit offered by the Psychotherapy Program and the School of Graduate Studies is designed for the writing of doctoral theses devoted to the study of psychoanalysis and its various interfaces. The goal is to create a space of profound and comprehensive theoretical-conceptual academic study of the psychoanalytic and psychodynamic bodies of knowledge and thinking, while emphasizing the mutual interfaces between this field and other disciplines and corpuses from the humanities, the social sciences, the life sciences, technology and the arts.

Target Audience for Doctoral Studies

The program is designed for psychiatrists (MD), psychologists (MA) and social workers (MA) who hold a master's degree that includes a thesis. Preference will be given to those who have graduated from the Tel Aviv University certificate psychotherapy program or other programs of comparable scope and contents, which are recognized by the Israel Psychotherapy Association.

The program is purely academic and offers students and graduates no practical psychoanalytic training. Moreover, the research conducted is theoretical (rather than empirical or qualitative).

Admission

Applicants must meet the requirements of the graduate school and the psychotherapy program, submit a written application and pass an admission interview.

Annual Studies – Encounters – Psychodynamic Principles and Tools in the Therapeutic Encounter

Coordinated by: Riva Gur

Goals:

This unique academic framework is designed to offer a glimpse of unconscious psychic life and allow participants to develop profound insights regarding different kinds of therapeutic encounters and their underlying processes. This course of study aims to provide participants with new practical tools to aid them in their practice. The program includes theoretical and practical courses as well as experiential workshops.

Target Audience and Admission Requirements

Doctors (MD), educational and organizational consultants, speech-language therapists, occupational therapists, nurses, physio-therapists, dieticians and other health professionals, with at least a bachelor's degree in one of these fields.

Candidates must submit their CV and pass a personal interview.

Duration

Two semesters as well as two workshops, given on semester breaks.

A total of 128 academic hours.

Study points in each semester will only be recognized if the student has taken part in at least 75% of the classes and has duly paid their tuition. Proof of participation will be given upon graduation.

Lecturers and Supervisors

Tzila Bnya, Nurit Bar, Riva Gur, Dr. Yari Gvion, Ouri Levin, Dr. Lucian Laor, Ruth Korman.